

The C₂O Difference

The Pure & Tasty Choice



Not all coconut waters are created equal. C₂O has taken extra care to select and pack what we believe to be the best tasting coconut water in the world. Here's what makes C₂O different:

- Our coconuts come from an especially fragrant and tasty variety that is unique to the inland soils of Thailand, yielding a more delightful taste than the salty flavor that accompanies more commonly used coastal coconuts.
- All our coconut water is packed fresh, with each batch flavor-tasted before being packed to ensure every can has our signature flavor and the quality that makes C₂O so popular among coconut water lovers.
- C₂O's great taste is all pure, unlike some others who add extra sweeteners or flavors to mask their saltier taste.

Don't Just Hydrate, Rejuvenate!



Coconut water is becoming well known for its hydration properties, but it's not just for hard core athletes recovering from tough workouts. As a true whole food, the benefits of coconut water are far more extensive, making C₂O useful for everyone:

- **Body Balanced Isotonics** - naturally occurring electrolytes and a favorable potassium to sodium ratio that helps counter the impact of modern, sodium heavy diets.
- **Bio-Directional Action** - helps the body properly regulate the retention and elimination of fluids and isotonics.
- An extremely low **Glycemic Index of 35**. Studies suggest that low Glycemic Index foods help manage blood sugar levels.
- Contains **18 of 20 amino acids**, including all nine of the most essential.
- **Body Balanced pH** - helps alkalize your body to counter the destructive effects of all too prevalent acidic foods.



From the first taste on the tongue to the deepest reaches of the body's inner workings, we believe C₂O is the best choice for everyone to...

Live Rejuvenated!



C₂O is the chosen coconut water of 11-time medalist Natalie Coughlin!

Nutrition Facts

Serving Size 8 FL OZ (240mL)
Servings Per Container 2

Amount Per Serving	% Daily Value*
Calories 50	0%
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	4%
Potassium 300mg	8%
Total Carbohydrate 13g	4%
Dietary Fiber 0g	0%
Sugars 12g	
Protein 0g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 2%
Phosphorus <2%	• Folic Acid 2%
Magnesium 4%	• Niacin <2%
Manganese 24%	• Zinc 2%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredient:
100% Natural Coconut Water

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